



## Step by Step Lacing Fun

Read instructions completely before you start

### Step 1

To thread the needle, fold the yarn about 2" from the end. Pinch the fold between your thumb and forefinger and gently push this folded end through the eyes of the needle and pull, or try folding a small piece of paper (about 1" long and no wider than the eye of the needle) over the end of the yarn. Slide this paper tab through the eye of the needle. Use a single strand of yarn throughout.



### Step 2

Begin stitching the design from the upper right to the upper left side. For the first stitch of a new color, bring the yarn up through the first hole leaving about 1" on the back. Hold the end close to the canvas and work the next few stitches over it to lock it into place. To finish a strand, weave the yarn back through the last few stitches of the same color on the back of the canvas.

### Step 3

The continental stitch is the basic needlepoint stitch. The needle always come up through the canvas on odd numbers and goes down on even numbers. (see diagram) Continue this way (1-2, 3-4, etc.). When you reach the end of a row, turn the canvas upside-down and work the next row from right to left back across the canvas. Stitching should begin in the uppermost right point of each color area and all stitches will slant to the right. All stitches should look alike. Do not pull the yarn too tightly or the canvas underneath will show through. Left handers may turn the stitch diagrams upside-down and work stitches as numbered. Hint for changing colors. Do not skip over on area of color without tying off the color you are using. Bringing yarn across the back of your design can cause the canvas to wrap and the colors to show through.

